



Calling all Budding Chefs

Now Forming

UES Healthy Cooking Club

If you enjoy helping out in the kitchen then you'll want to join the fun as we cook up delicious recipes while learning all about healthy choices to make mealtimes great! Seasonal flavors are always focused! Each meeting features fun activities while developing skills that will last a lifetime!

Meet Mrs. Kearns on Thursday's from 3:00-4:00 pm in the Cafeteria.

- **Choose from one of 3 eight week sessions. First Come First serve. Wait list is available.**
- Please return the permission slip below.

Please select your session:

 FULL October 26 — January
 January 11 — February 29
 March 7—May 2

I give permission for my child to attend the Healthy Cooking Club on Thursday afternoons from 3:00-4:00 pm.

I understand that there is no transportation provided and will pick my child up at 4:00 pm.

Student Name _____

Grade _____ **HR** _____

Parent/Gaudian Name (Printed) _____

Parent/Guardian Signature _____

Contact Phone number _____

Contact Email _____

Are there any allergies, food sensitivities or dietary restrictions?

